# A Journey of PCSK9 Inhibitors: From Genetics to Clinics

David J. Cohen, M.D., M.Sc.

Professor of Medicine University of Missouri-Kansas City School of Medicine

TCT AP 2019-8 mins

# Disclosures

### Grant Support/Drugs

– Daiichi-Sankyo

### Grant Support/Devices

- Edwards Lifesciences
- Medtronic
- CSI
- V-Wave Medical

Consulting/Advisory Boards

- Medtronic
- Janssen Pharmaceuticals

- Abbott Vascular
- Boston Scientific
- Corvia
- Svelte

- Edwards Lifesciences
- Heartflow

## **PCSK9** Inhibitors: Background

- LDL cholesterol is well-established as a modifiable risk factor for cardiovascular disease
- Previous trials (mainly using statins) have established the benefits of LDL reduction on reducing the risk of cardiovascular events both in primary and secondary prevention
- Recently, 2 monoclonal antibodies (evolocumab, allorocumab) that inhibit PCSK-9 have been shown to produce marked reductions in LDL levels and other agents are in development
- Until recently, however, the impact of these drugs on cardiovascular outcomes was unknown

# **3 Questions about PCSK9 Inhibitors**

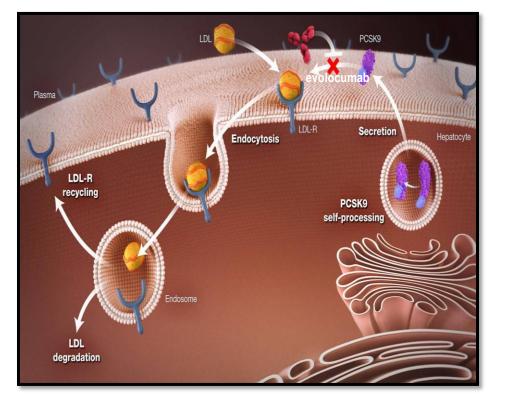
- What are they and how do they work?
- What are the clinical benefits?
- Why has uptake been slow?

# **3 Questions about PCSK9 Inhibitors**

- What are they and how do they work?
- What are the clinical benefits?
- Why has uptake been slow?



# Proprotein convertase subtilisin/kexin type 9 (PCSK9)



### Mechanism of PSK9

- Chaperones LDL-receptor to its destruction, leading to increased levels of circulating LDL-C
- Loss-of-function genetic variants lead to ↑'d LDL-R; in these pts, there is marked reduction in circulating LDL-C & ↓'d risk of MI

PCSK9 inhibitors are fully humanized monoclonal antibodies directed against PCSK9 → 60% reduction in LDL in Phase 2 studies

# **3 Questions about PCSK9 Inhibitors**

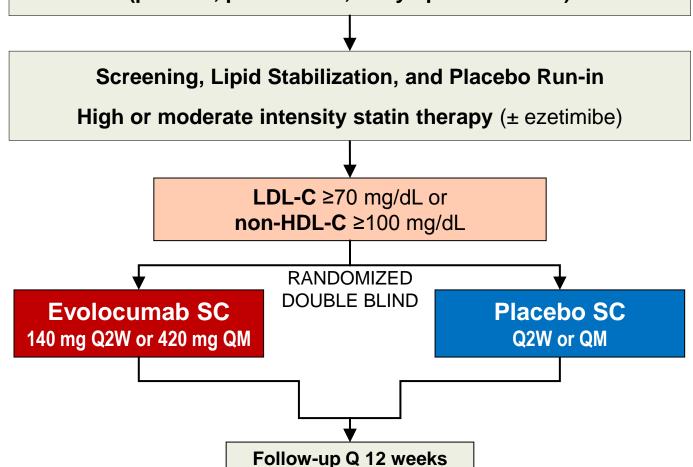
- What are they and how do they work?
- What are the clinical benefits?
- Why has uptake been slow?





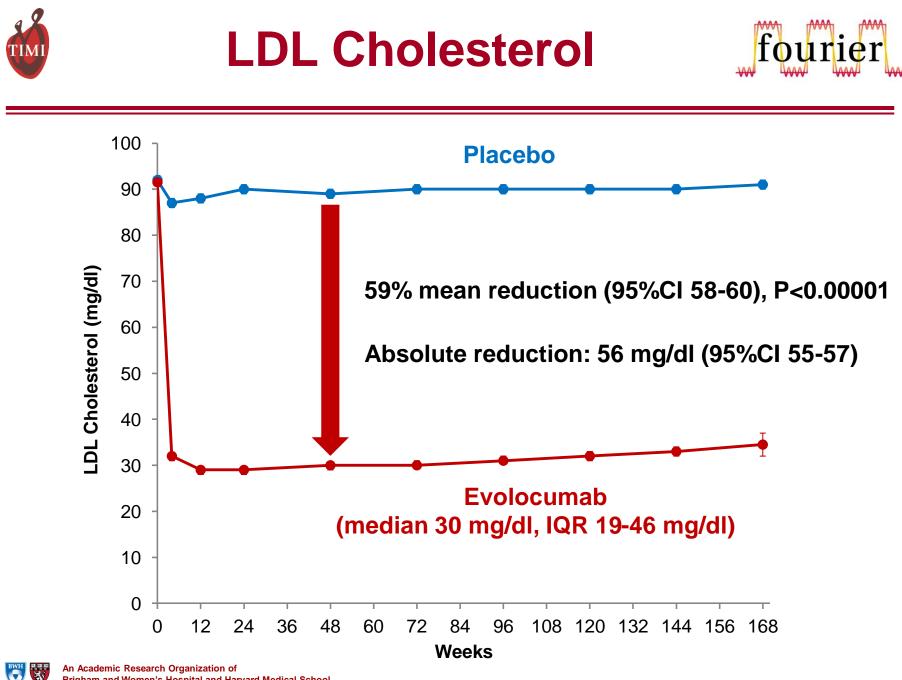


27,564 high-risk, stable patients with established CV disease (prior MI, prior stroke, or symptomatic PAD)

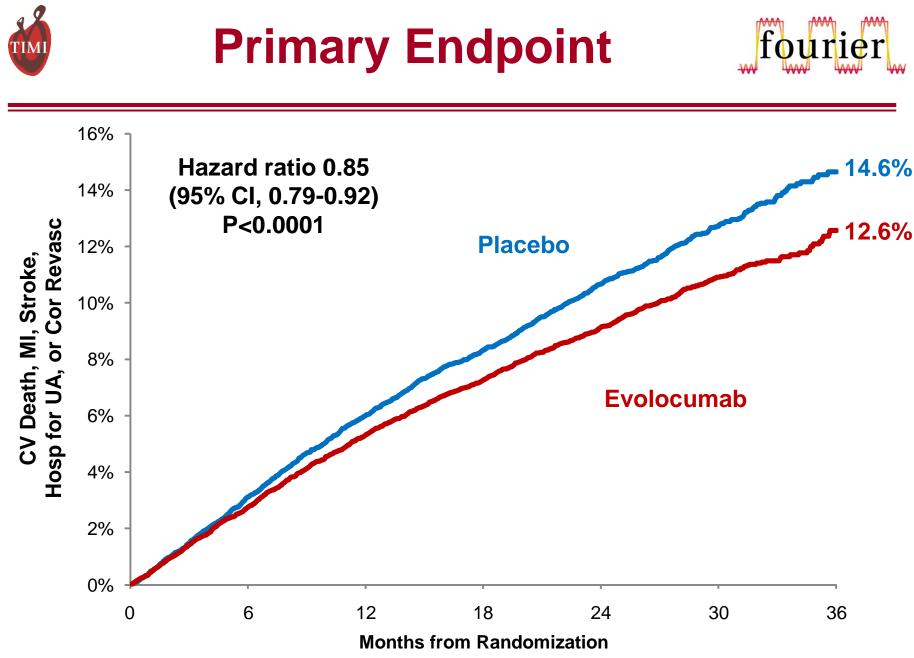


An Academic Research Organization of Brigham and Women's Hospital and Harvard Medical School

Sabatine MS et al. Am Heart J 2016;173:94-101

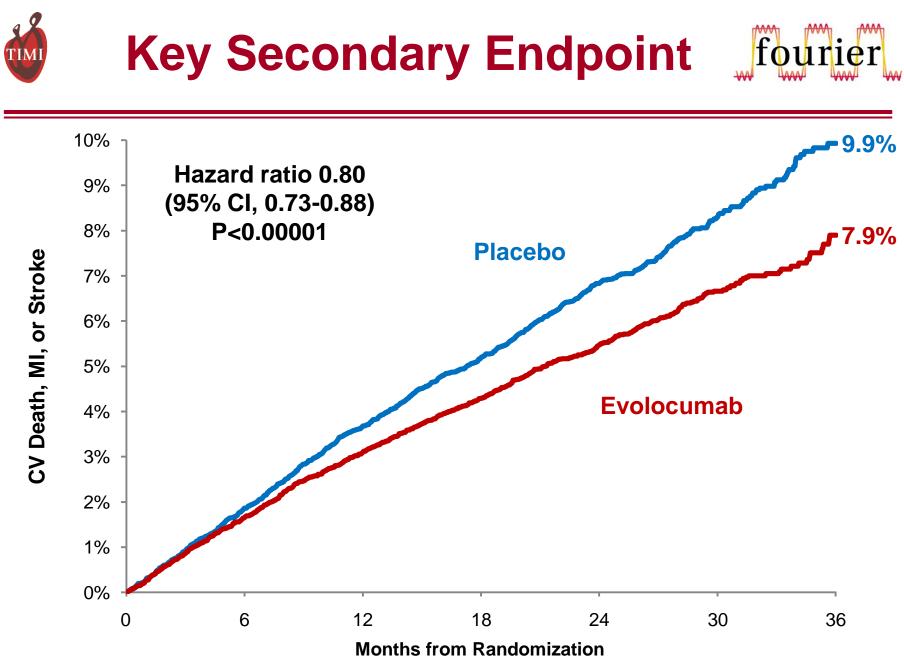


Brigham and Women's Hospital and Harvard Medical School





BWH

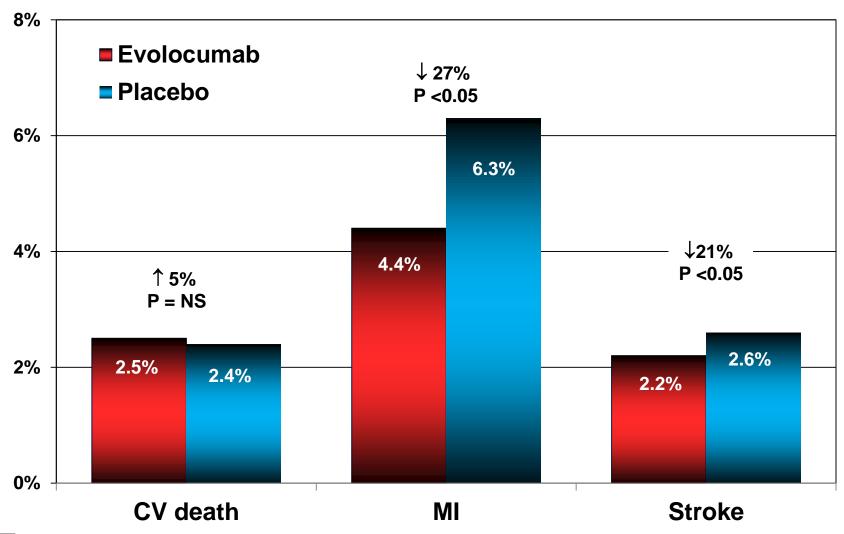


BWH

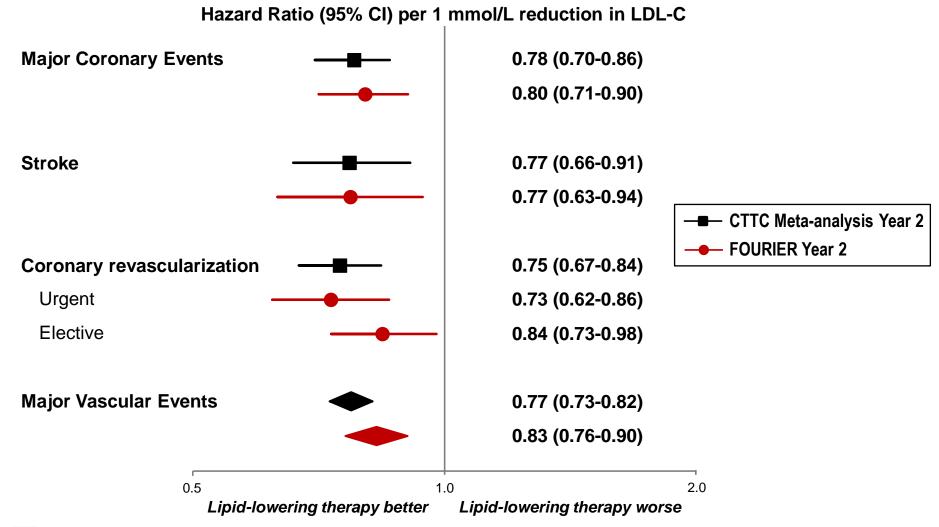


BWH

# **Endpoint Components**



# Comparison to Cholesterol Treatment Trialists Collaboration



An Academic Research Organization of Brigham and Women's Hospital and Harvard Medical School

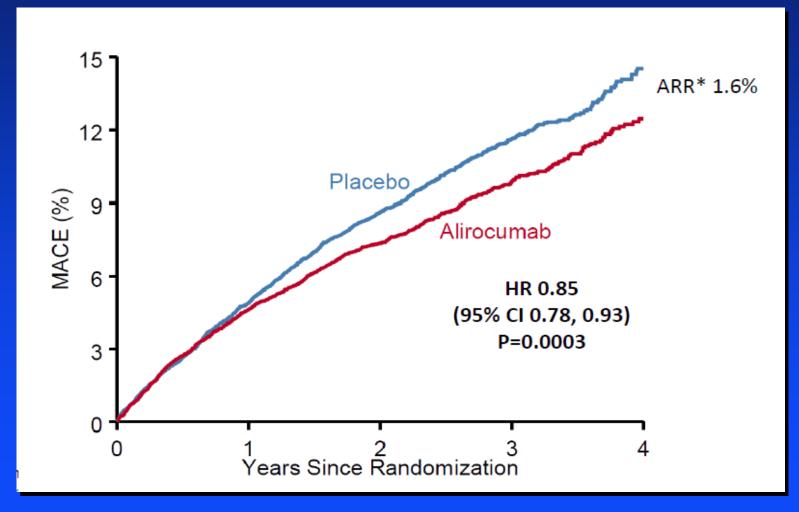
CTTC data from Lancet 2010;376:1670-81

# **Trial Design**

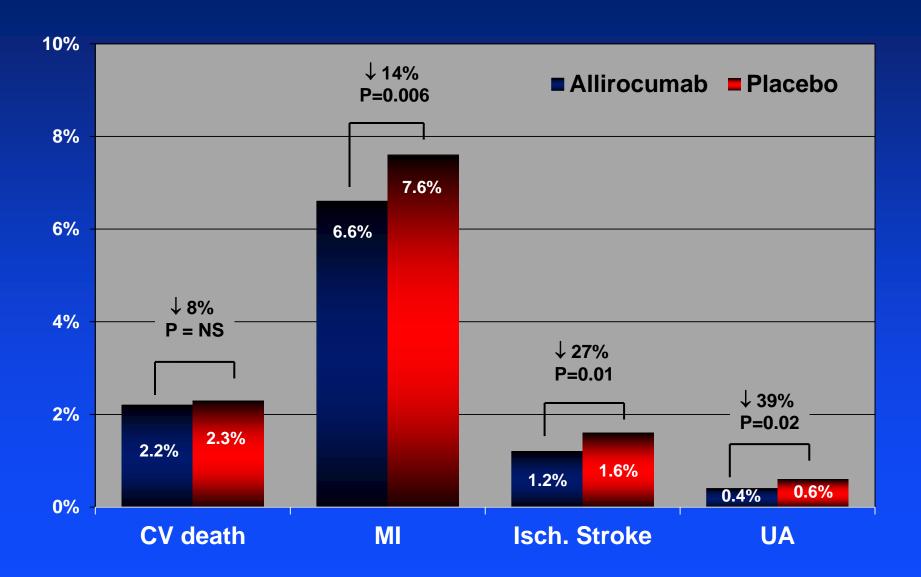
- 18,924 patients with recent ACS and poor lipid control (LDL > 100 on therapy) randomized to:
  - Allirocumab 75-150 mg SQ Q2wks vs. Placebo
  - All patients treated with statin (high intensity, if tolerated)
  - Allirocumab dose adjusted to achieve LDL-C 25-50 mg/dL
- Follow-up for median 2.8 years (44% followed >3 yrs)
- <u>Primary endpoint</u>: CHD death, MI, stroke, or hospitalization for unstable angina

### **Primary Outcome**

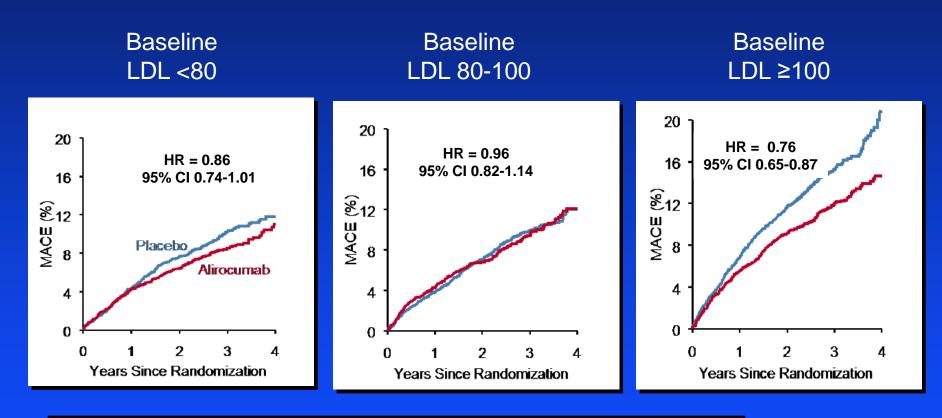




## **Endpoint Components**



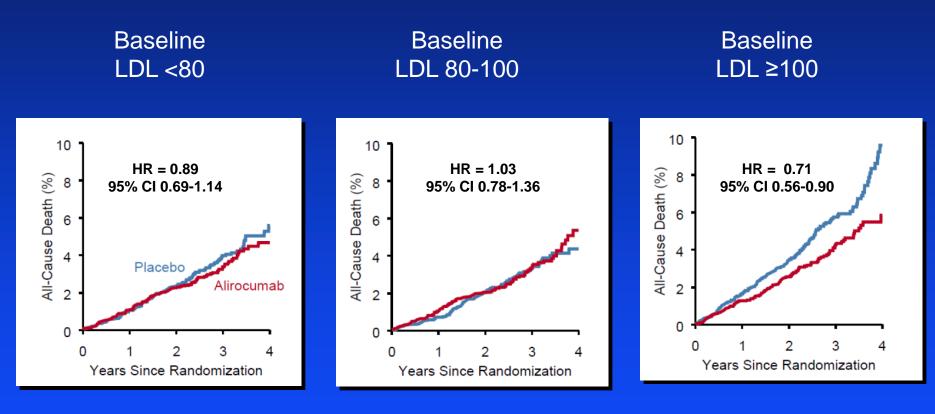
# Impact of Baseline LDL on Primary Outcome



Absolute benefit when baseline LDL ≥100 ARR 3.4% NNT 30

 $P_{int} = 0.09$ 

### Impact of Baseline LDL on All-Cause Mortality



Mortality benefit when baseline LDL ≥ 100 ARR 1.7% NNT 59  $P_{int} = 0.12$ 

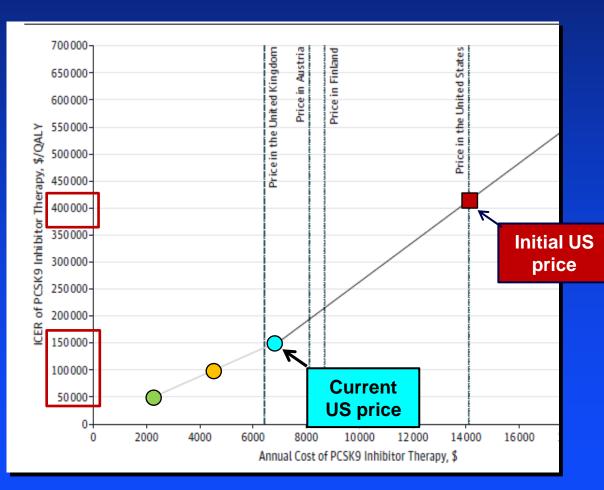
# **3 Questions about PCSK9 Inhibitors**

- What are they and how do they work?
- What are the clinical benefits?
- Why has uptake been slow?

Why aren't PCSK9 inhibitors being used?



# How low would the price of PCSK9 inhibitors have to be for the drug to be cost-effective?



- Analysis based on US population with established CAD and LDL-C > 70 mg/dL
  - ICER remains >\$50,000/QALY gained unless drug cost <\$2000/yr

•

 Cost-effectiveness threshold even lower in other countries given lower event costs

Kazi D, et al. <u>JAMA</u>. 2016;316(7):743-753.

#### PCSK9 Inhibitors

# Summary

- PCSK9 inhibitors represent one of the first breakthrough immunologic therapies in cardiovascular prevention
- Randomized trials demonstrate significant reductions in events in patients already treated with high dose statins→ further confirmation of the "LDL hypothesis"
- Trials also confirm safety of extremely low LDL levels → 42% of patients in FOURIER achieved LDL <25 mg/dL</li>
- Cost remains the major barrier to adoption for many countries, although the situation is improving. Targeting specific patient subsets can improve cost-effectiveness
  - FOURIER: Symptomatic PAD, multiple prior Mis
  - ODYSSEY: On-treatment LDL > 100 mg/DL